

# GM40

## Alpine Marathon

Podbrdo – Slovenia, 16. 06. 2012



I FEEL SLOVENIA



For 10 years already the small village of Podbrdo is organising the spectacular **GM40 Alpine Marathon**. The idea was understood as quite crazy one on the very beginning and there were many doubts about its future. But great enthusiasm of the numerous local people involved in the organisation and excellent experience and response of the participants have made it one of the most important and admired sport events of the area. The race was a great success in the first year already and has been growing strong ever since. The 10th GM40 Alpine Marathon expected on 18th June 2011 was crowned with a privilege being also 8th WMRA World Long Distance Mountain Running Challenge.



»I know how difficult the challenge is as you prepare for this spectacular marathon. I did it last year, although I had no idea beforehand what a test it would be. It was probably the toughest physical challenge I have ever taken on in my life! But as we all know the best things in life often come only with great effort. And, indeed, the marathon covers some of the most beautiful terrain of Slovenia. One thing is indisputable: the entire experience was unforgettable!«

*Words of  
Thomas B. Robertson,  
former U. S.  
Ambassador in  
Slovenia who  
experienced the  
GM40 Alpine  
marathon in the  
year of 2005*

### Information:

LTO Sotočje: 00386 5 38 00 480

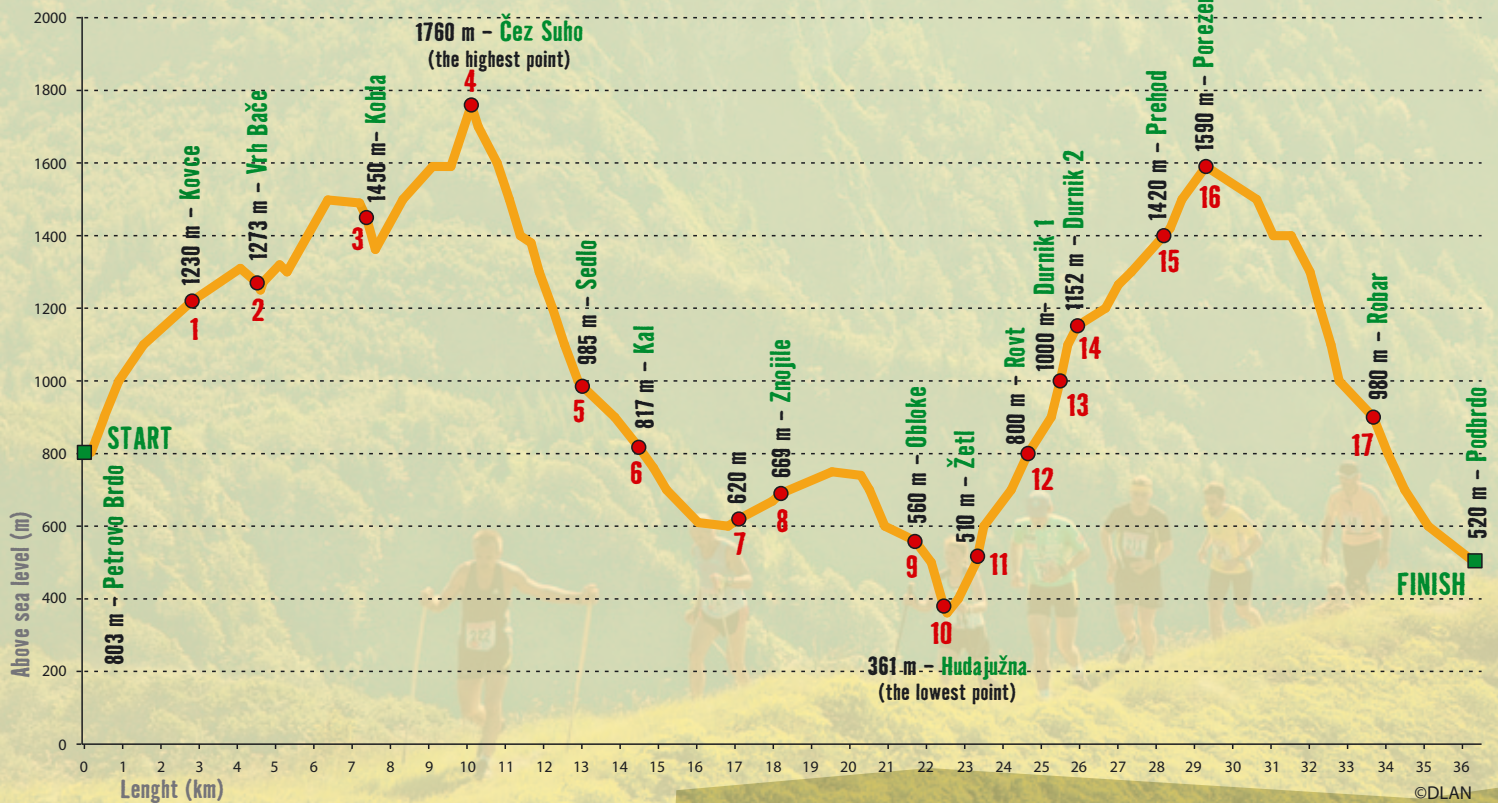
Official GM40 site: [www.gm40.si](http://www.gm40.si)

E-mail: [info@gm40.si](mailto:info@gm40.si)

More information on the destination: [www.visit-soca.com](http://www.visit-soca.com)



# COURSE PROFILE & refreshment points



## COURSE information:

- START: Petrovo Brdo (altitude 803 m), 8 a.m.
- FIRST HIGHEST POINT: Čez Suho, 1.760 m
- LOWEST POINT: Hudajužna, 361 m
- SECOND HIGHEST POINT: Porezen 1.590 m
- FINISH: Podbrdo, 520 m
- EXPECTED TIME OF THE WINNER: 3 hours and 30 minutes
- TOTAL LENGTH: 38,5 km
- TOTAL CLIMBS AND DESCENTS: 5.300 m
- REFRESHMENTS: There are 17 refreshment stations all along the course, drinks and snacks available
- TIME LIMIT: 8 hours
- REGISTRATION: registration will be closed 30 days prior to the date of the race. Details will be published on the official web page of the race [www.gm4o.si](http://www.gm4o.si)
- COURSE RECORDS: Women: Ines Hižar: 3:56:25 (2004)
- Men: Marko Šubic: 3:21:52 (2004)



Published by: TD Podbrdo 2012  
 Photo: Janko Humar, Marjan Rekar  
 Maps: Dušan Kogoj, Google maps  
 Design: Ivana Kadivec; Print: Romikron



- course
- refreshment station
- ▲ peak
- main road through the valley

**HOW to reach us:**  
**AIRPORTS NEARBY:**  
 Ljubljana (52 km),  
 Trieste (96 km), Klagenfurt  
 (124 km), Venice (204 km)

**ORGANISATION:**  
 TD Podbrdo, LTO Sotočje,  
 AZS